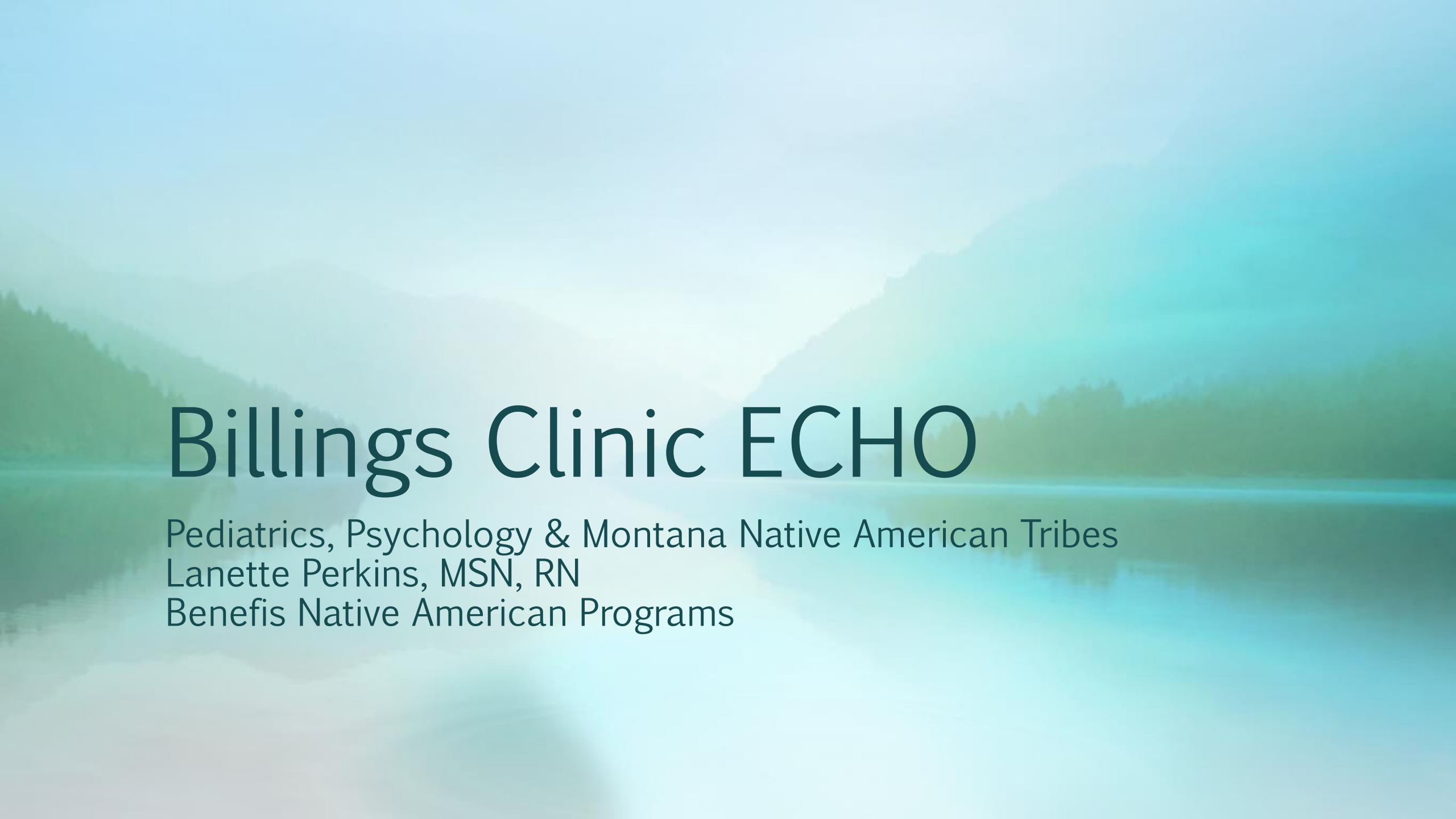




Billings Clinic ECHO

Pediatrics, Psychology & Montana Native American Tribes

Lanette Perkins, MSN, RN

Benefis Native American Programs

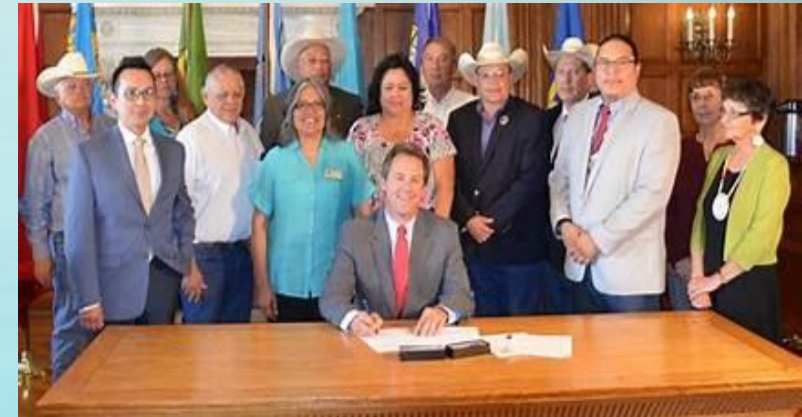
Goals & Objectives

- Recognize barriers to health needs
- Recognize and support providers and patients to bring unique cultural backgrounds and expectations to the medical encounter
- Give examples and apply effective communication between patients and providers for quality care.



Native Americans

- 574 Federally Recognized Tribes in the United States
- Blackfeet
 - Canadian Bands: Peigan: Northern Peigan, Blood, Blackfoot/Siksika
 - US Bands: Blackfoot/Blackfeet
- Crow, Apsaalooke
- Fort Belknap
 - Gros Ventre-White Clay People-Aaniiih, Assiniboin
- Fort Peck
 - Assiniboine-Nakoda, Sioux- Nakota
- Rocky Boy
 - Chippewa, Cree
- Northern Cheyenne Tsetsehesestahase/So'taahe
- Salish-Kootenai
 - Salish, Kootenai, Pend d'Oreille
- Little Shell Tribe/Band of Chippewa



Benefis: Papoose Rattler Memorial Native American Welcoming Center

- Purpose & History
- Services
 - Faxes & copies (health/patient related)
 - Lunch for immediate family
 - Computer access: email and Facebook
 - Smudging
 - Central meeting for families
 - Support Benefis staff with cultural guidance and services
- Staff
 - Supervisor
 - Assistant
 - Patient Advocate



Assessments: Cultural Considerations

Language	Interpreters	Consent
		Privacy/modesty
Literacy	Orientation	
		Diagnosis/Prognosis
Nonverbal communications	Family relationships	
Silence /Eye contact	Perceptions	Access to healthcare

Physical Assessment

- Modesty
- Concept of health
- Home practices: traditional medicine or western medicine
- Health screening
 - Dental
 - Vision
 - Mamo, PaP
 - Prostate
 - Tobacco use
 - Abuse
 - Mental health
 - Diabetes
 - FAS/FAE
- Biologic variations
 - Skin color
 - Physical size, body type



Spirituality & Culture

- Home rituals/practices
 - Smudging/purification
 - Sweat Lodges
 - Peyote ceremonies
 - Pipe ceremonies
- Death rituals
 - Cutting of hair during mourning
 - Cutting of skin/tissue
- Organ & tissue
 - Amputation
 - Donation
 - Birth products: Placenta, umbilical cord
- Religion/Spirituality: Christian, Native American,
- Bad spirits/witches



Native American Family

- Family
 - Kinship/clan
 - Matriarch, patriarch
 - Gender
 - Expectations/roles
- Community
 - Geographical
 - Familial
- Tribe
 - Membership/enrollment
- Taboos



- Physical: Violence
- Historical
 - Family structure
 - Boarding schools
 - Adoption/Foster care
 - Parenting skills are lost/changed
 - Identity loss
 - Loss of culture & language
 - Loss of self esteem
- Poverty:
 - In 2014 reported 1 in 3 youth live in poverty
 - Addiction
 - Suicide
 - Domestic Violence

Trauma



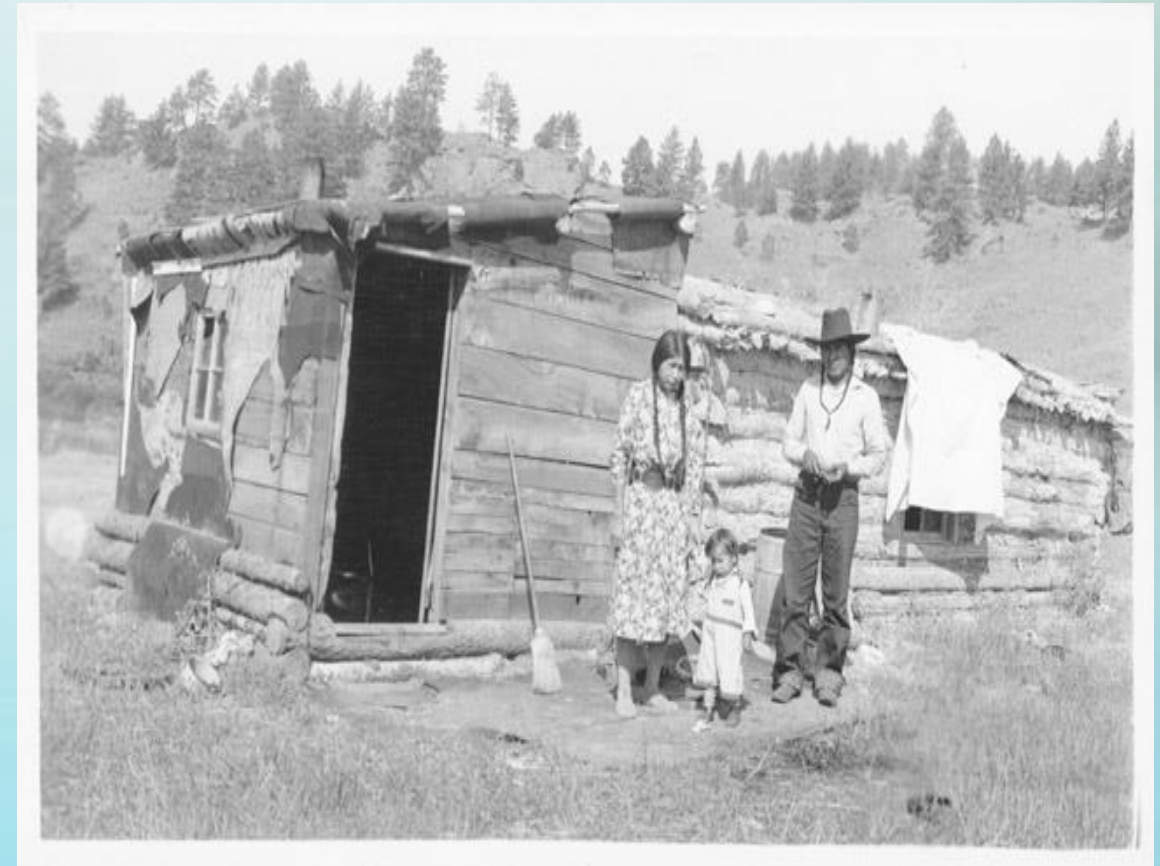
Trauma

- Addiction: Depression, post traumatic stress disorder
- Suicide: 2nd leading cause of death, 2.5 time the national rate in Natives 15-24 years
- Domestic Violence: Assault, Sexual assault, Human trafficking



Socioeconomics

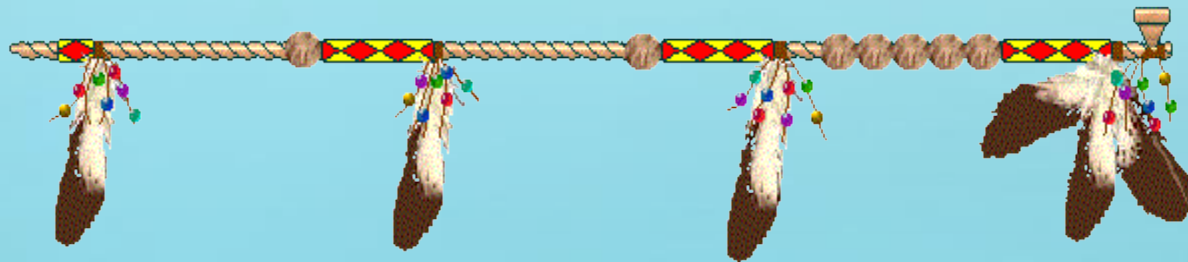
- Reservations: Negative & Positive Experience
- Urban setting:
 - Community & security
- Employment
 - Unemployment was 34%
- Housing:
 - Safe affordable housing, accessible roads
- Nutrition: Food Insecurity
- Access to services:
 - Healthcare, distances transportation, assistance/insurance
- Workplace:
 - Native American culture: Time off for cultural events, funeral/death gathering



Government

- Sovereign Nation
- Tribal Council
- Bureau of Indian Affairs

Indian Child Welfare Act



Health Care

- Indian Health Service
 - Tribal Self-Governance Program
 - Urban Indian Clinics
- Local & Community Clinics
- Medicare
- Medicaid
- Insurance



Increase success through:

Providing written contact numbers for follow up services

Providing support and support services

Providing education, use teach back process

Offering to fax information to Medical Records/Clinic for follow up

Thank You



Resources

- [illegible]