Billings Clinic ECHO

Pediatrics, Psychology & Montana Native American Tribes
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Benefis Native American Programs
Goals & Objectives

- Recognize barriers to health needs
- Recognize and support providers and patients to bring unique cultural backgrounds and expectations to the medical encounter
- Give examples and apply effective communication between patients and providers for quality care.
Native Americans

- 574 Federally Recognized Tribes in the United States
- **Blackfeet**
  - Canadian Bands: Peigan: Northern Peigan, Blood, Blackfoot/Siksika
  - US Bands: Blackfoot/Blackfeet
- **Crow, Apsaalooke**
- **Fort Belknap**
  - Gros Ventre-White Clay People-Aaniiih, Assiniboine
- **Fort Peck**
  - Assiniboine-Nakoda, Sioux- Nakota
- **Rocky Boy**
  - Chippewa, Cree
- **Northern Cheyenne** Tsetsehesestahase/So’taahe
- **Salish-Kootenai**
  - Salish, Kootenai, Pend d’Oreille
- **Little Shell Tribe/Band of Chippewa**
Benefis: Papoose Rattler Memorial Native American Welcoming Center

• Purpose & History

• Services
  – Faxes & copies (health/patient related)
  – Lunch for immediate family
  – Computer access: email and Facebook
  – Smudging
  – Central meeting for families
  – Support Benefis staff with cultural guidance and services

• Staff
  – Supervisor
  – Assistant
  – Patient Advocate
## Assessments: Cultural Considerations

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Physical Assessment

- Modesty
- Concept of health
- Home practices: traditional medicine or western medicine
- Health screening
  - Dental
  - Vision
  - Mamo, PaP
  - Prostate
  - Tobacco use
  - Abuse
  - Mental health
  - Diabetes
  - FAS/FAE

- Biologic variations
  - Skin color
  - Physical size, body type
Spirituality & Culture

- Home rituals/practices
  - Smudging/purification
  - Sweat Lodges
  - Peyote ceremonies
  - Pipe ceremonies
- Death rituals
  - Cutting of hair during mourning
  - Cutting of skin/tissue
- Organ & tissue
  - Amputation
  - Donation
  - Birth products: Placenta, umbilical cord
- Religion/Spirituality: Christian, Native American,
- Bad spirits/witches
Native American Family

• Family
  – Kinship/clan
  – Matriarch, patriarch
  – Gender
  – Expectations/roles

• Community
  – Geographical
  – Familial

• Tribe
  – Membership/enrollment

• Taboos
• Physical: Violence

• Historical
  – Family structure
    – Boarding schools
    – Adoption/Foster care
    – Parenting skills are lost/changed
  – Identity loss
    – Loss of culture & language
    – Loss of self esteem

Poverty:
  – In 2014 reported 1 in 3 youth live in poverty
  – Addiction
  – Suicide
  – Domestic Violence
Trauma

- Addiction: Depression, post traumatic stress disorder
- Suicide: 2\textsuperscript{nd} leading cause of death, 2.5 time the national rate in Natives 15-24 years
- Domestic Violence: Assault, Sexual assault, Human trafficking
Socioeconomics

• Reservations: Negative & Positive Experience

• Urban setting:
  – Community & security

• Employment
  – Unemployment was 34%

• Housing:
  – Safe affordable housing, accessible roads

• Nutrition: Food Insecurity

• Access to services:
  – Healthcare, distances transportation, assistance/insurance

• Workplace:
  – Native American culture: Time off for cultural events, funeral/death gathering
Government

- Sovereign Nation
- Tribal Council
- Bureau of Indian Affairs

Indian Child Welfare Act
Health Care

- Indian Health Service
  - Tribal Self-Governance Program
  - Urban Indian Clinics
- Local & Community Clinics
- Medicare
- Medicaid
- Insurance
Increase success through:

Providing written contact numbers for follow up services
Providing support and support services
Providing education, use teach back process
Offering to fax information to Medical Records/Clinic for follow up
Thank You
Resources

- Bureau of Indian Affairs, BIA:
  - https://www.bia.gov/about
  - https://www.bia.gov/programs-services
  - https://www.ihs.gov/
- 2017 Montana Racial Equity Report
- URBAN CLINIC:
  - http://tribalnations.mt.gov/urbanindian
- TRIBAL SELF-GOVERNANCE PROGRAM LINKS:
  - http://tribalnations.mt.gov/littleshell
  - https://www.ihs.gov/selfgovernance/aboutus/
- Photos:
  - https://images.search.yahoo.com/yhs/search;_ylt=AwrWpykIN8heHXkAXQQPxQt.;_ylu=X3oDMTByNWU4cGh1BGNvbG8DZ3ExBHBvcwMxBHZ0aWQDBHNlYwNzYw-20Montana-American-Indian-photos?fr=yhs-itm-001&hspart=itm&hsimp=yhs-itm-001&guce_referrer=aHR0cHM6Ly91cy5zZWFyY2gueWFob28uY29tL3locy9zZWFyY2g_aHNwYXJ0PWl0bSZoc2ltcD15aHMtMDAxJnR5cGU9cGRzX29uejQ2OGFjZWdvODUyMjQ4XzE5XzM4X3NzZzAwJnA9TW9udGFuYSUyMEFtZXJpY2FuJTIwSW5kaWFuJTIwcGhvdG9zJnBhcmFtM
  - https://images.search.yahoo.com/yhs/search;_ylt=AwrXpnQSNuFeQEAA1AkPxQt.;_ylu=X3oDMTByZDNzZTI1BGNvbG8DZ3ExBHBvcwMyBHZ0aWQDBHNlYwNzYw-30chippewa-cree-montana?fr=yhs-itm-001&hspart=itm&hsimp=yhs-itm-001&guce_referrer=aHR0cHM6Ly91cy5zZWFyY2gueWFob28uY29tL3locy9zZWFyY2g_aHNwYXJ0PWl0bSZoc2ltcD15aHMtMDAxJnR5cGU9cGRzX29uejQ2OGFjZWdvODUyMjQ4XzE5XzM4X3NzZzAwJnA9Y2hpcHBld2ElMjBjcmVlJTIwbW9udGFuYSZwYXJhbTE9MSZwYXJhbTI9ZiUzRDQlMjZiJTNEY2hyb21lJTI2aXAlM0Q2NS4xOS4yMzcuNDAlMjZwYSUzRHBkZmNvbnZlcnRlcmRzJTI2dHlwZSUzRHBkc19vbno0NjhhY2Vnbzg1MjI0OF8xOV8zOF9zc2cwMCUyNmNhdCUzRHdlYiUyNmElM0RwZHNfb256NDY4YWNlZ284NTIyNDhfMTlfMzhfc3NnMDAlMjZ4bHBfc2Vzc19ndWlkJTNENTJmZmJmMjA4MjdmZTVlY2JlNWRlMmIxMDhiZjU3NDMlMjZ4bHBfc2Vzc19ndWlkJTNENTJmZmJmMjA4MjdmZTVlY2JlNWRlMmIxMDhiZjU3