Eliciting Parental Strengths and Needs

Understanding Your Needs for Today’s Visit

Dear Parent,

Our practice is always looking for opportunities to improve our care for your child and your family. To help us learn about your needs as a parent and those of your child, please take a moment to answer the following questions:

I. Special Health Care Needs

Does your child have any special health care needs (including chronic medical problems, such as asthma, learning or behavior problems, or other health problems, for which he or she receives special services, such as counseling, therapy, or frequent medical tests)?

☐ Yes  ☐ No

II. At today’s visit, I would like to

1. Better understand my child’s development and what to expect next.  ☐ Yes  ☐ No

2. Discuss any concerns I have about my child.  ☐ Yes  ☐ No
   a. Sleep
   b. Discipline
   c. Feeding
   d. Other

3. Discuss and build on my strengths as a parent.  ☐ Yes  ☐ No

4. Share values or traditions that are important to my family and me.  ☐ Yes  ☐ No

5. Take home print resources about things with which I need help.  ☐ Yes  ☐ No

6. Learn about community resources that may be helpful to my family and me.  ☐ Yes  ☐ No

III. Please list any other specific questions or concerns you would like to discuss today.

________________________________________________________________________
________________________________________________________________________
________________________________________________________________________

Thank You!

Practice Name: ________________________  MR Number: ____________________
Eliciting Parental Strengths and Needs

Patient Name: ____________________________    Today’s Date: __________________

**Pre-visit Checklist**

Our practice wants your input! We have created this form to help focus your visit on those topics you find most important. Please check the items you would like to address today as well as those items that you feel you do well as a parent.

<table>
<thead>
<tr>
<th>Things I do well as a parent</th>
<th>Things I would like to discuss today</th>
</tr>
</thead>
<tbody>
<tr>
<td>Feeding my child</td>
<td>☐</td>
</tr>
<tr>
<td>Understanding what to expect next from my child</td>
<td>☐</td>
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<tr>
<td>Managing my child’s behavior</td>
<td>☐</td>
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<tr>
<td>Helping my child sleep</td>
<td>☐</td>
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<tr>
<td>Creating a safe environment for my child</td>
<td>☐</td>
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<tr>
<td>Using resources in the community to help my child</td>
<td>☐</td>
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<tr>
<td>Supporting my child’s speech and language development</td>
<td>☐</td>
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<tr>
<td>Helping my child fit into our family; get along with others</td>
<td>☐</td>
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<tr>
<td>Helping my family handle stress</td>
<td>☐</td>
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<tr>
<td>Helping my child learn through play and be physically active</td>
<td>☐</td>
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<tr>
<td>Managing my child’s moods</td>
<td>☐</td>
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<tr>
<td>Managing my child’s special health care needs</td>
<td>☐</td>
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</tbody>
</table>
Do you have a story to tell about how you’ve implemented Bright Futures in your practice?

Please contact us today so that we can feature your implementation story on our Web site or in a future edition of the Bright Futures eNews.

Jane Bassewitz, MA, Manager, Bright Futures National Center
Kathy Janies, Bright Futures Implementation Manager

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