

Seizure Action Plan for:
Diagnosis:

DOB:

Situation	Action	Follow-up
Seizure lasting <i>less</i> than 5 minutes	Roll on his/her side, ensure safety	Allow to rest/sleep under observation <i>If worried:</i> - Call Pediatrician or - Pediatric Neurologist or - Pediatric Neurologist on-call
Seizure lasting <i>more</i> than 5 minutes	Give rescue medication:	If seizure stops within 10 minutes - Leave message for Pediatric Neurologist <i>If worried:</i> - Call Pediatrician or - Pediatric Neurologist or - Pediatric Neurologist on-call
Seizure lasting greater than 5 minutes <i>or</i> Not responding to rescue medication after 10 minutes	Call 911/EMS	Leave phone message for Pediatric Neurologist <i>after</i> management in Emergency Room
If he/she is not breathing, or has any blueness around lips or gums	Call 911/EMS and begin Rescue Breathing or CPR	Leave phone message for Pediatric Neurologist <i>after</i> management in Emergency Room

Today's Date: _____

Next Neurology Appointment: _____

Current Seizure Medications:

Today's Weight: _____ kg

Important numbers:

Pediatrician: _____ Phone Number: _____

Pediatric Neurologist: _____ Phone Number: 801-587-7575

Pediatric Neurologist on-call at Primary Children's Medical Center: 801-662-1000