

# Top Ten Transition Tips For Medical Home Practices

A bright yellow circle with a black outline, centered on the slide.

Now with Free  
Bonus 11<sup>th</sup> Tip!

Adapted from: "KASA-Youth 13 Tips Youth to Professionals & Families" provided by Patti Hackett; and discussion of YAC committee

1- Listen to what I have to say!

**2- Talk to me, not for or about me.**

**3- Involve me- not just my parents- in my healthcare.**

4- Help me plan for my future needs.

**5- Help me become informed of my rights and responsibilities.**

**6- Challenge me to get involved in planning for my educational needs.**

**7- Assist me in becoming as independent as possible.**



**8- Teach me skills very early on.**

**9- Ask me about my hopes and dreams. Expect me to have them & encourage me.**

10- Teach me to do what I am capable  
of doing.

**Bonus Tip!**

**11- Involve me in making decisions on transitions in my life: school, health care and independence.**

IN OTHER WORDS....

Transition Involves Everyone!