

PREP FOR DOCTOR VISIT - GENERAL MULTISYSTEM EXAMINATION

GOALS: To improve patient reporting of health issues and symptoms
To improve skills in health care management/self-monitoring

Teach children & youth (and family) how to:

1. Report by body systems; which ones are critical to monitor for health issues
2. Report comparing "norm" baselines; when to call to Doc → increase/decrease rates
3. **Prepare 5 questions** prior to visit. (enter question in the correct body system)

		RECENT TESTS	REFERRAL NEEDED
TESTS: BLOOD WORK TESTS:			
BODY SYSTEMS – HISTORY, UPDATES & Qs	CHANGE + / -	RECENT TESTS	REFERRAL NEEDED
CONSTITUTIONAL			
EYES			
EARS, NOSE, MOUTH AND THROAT			
NECK			
RESPIRATORY			
CARDIOVASCULAR			
CHEST (BREASTS)			
GI (ABDOMEN)			
GENITOURINARY			
LYMPHATIC			
MUSCULOSKELETAL			
SKIN			
NEUROLOGIC			
PSYCHIATRIC (MENTAL HEALTH)			
OTHER ISSUES:			