

## Parent Resource –Autism Spectrum Disorder

Autism Speaks- First 100 days kit- [www.autismspeaks.org](http://www.autismspeaks.org)

Autism Fast Start Check list – [www.autismcouncilofutah.org](http://www.autismcouncilofutah.org)

Medical Home Portal- <http://www.medicalhomeportal.org>--Reliable information and resources to help physicians and parents care for children and youth with special health care needs (CYSHCN).

PLAY Project In- Home Early Intervention program .

Janet Wade 801 633 2091 The P.L.A.Y. ProjectTM The P.L.A.Y. ProjectTM (Play and Language for Autistic Youngsters) is a nationally recognized program that provides in-home training and support for families of children age 14 months to 7 years with Autism Spectrum Disorder (ASD). More information can be found here or by emailing Janet Wade at [janetw@esgw.org](mailto:janetw@esgw.org) [http://esgw-nrm.easterseals.com/site/PageServer?pagename=NRMM\\_PLAY\\_Project](http://esgw-nrm.easterseals.com/site/PageServer?pagename=NRMM_PLAY_Project)

**Kostopulos Dream Foundation** (801-582-0700)

Offers a summer camp, social group experiences, and a variety of leisure education programs for individuals with disabilities.

**National Abilities Center** (435-649-3991)

Park City-based program that offers year-round sports and outdoor activities for handicapped children and adults. Excellent source of programming for leisure skill development.

**UFIT** (801-587-9713)

University of Utah physical activity program for special needs kids

**Splore** (801-484-4128)

**Special Olympics** (801-363-1111)

**Child Care Resources and Referral**- Salt Lake/Toole 801-355-4847  
[www.cssutah.org](http://www.cssutah.org) \*\* good general resource

**Salt Lake County Parks and Recreation Adapted Programs** (801-561-0075)

Offer a variety of recreational opportunities for individuals with disabilities.

### Local Resources

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**Utah Parent Center** (801-272-1051) [www.utahparentcenter.org](http://www.utahparentcenter.org)

The former Autism Society of Utah joined the Utah Parent Center. The Utah Parent Center has information about community services, support groups, etc. specific to autism. It also is the best resource for information, workshops, and consultation for IEP's or 504 plan .

- Workshops - stress management, bringing your child through transition phases, etc.

- Parent-to parent - support when newborn or child is newly diagnosed with disability.
- Parent consultants - parents who have "been there".
- Links with other agencies relevant to your needs.
- Weekly newsletter – E-connections
- Written materials : Disability Resource Book ,Transition info

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**Autism Council of Utah:** The Autism Council of Utah is an independent council working to foster collaboration, communication, and learning among families and agencies. Our aim is to promote access to resources and responsible information for individuals of all ages who have, or are affected by autism, or related conditions. The Council will accomplish this by supporting statewide partnerships to collaborate on special projects, research, and training:

[www.autismcouncilofutah.org](http://www.autismcouncilofutah.org)

**Utah Registry of Autism and Developmental Disabilities** (801-584-8547; 800-829-8200 ext 1; URADD@utah.gov; <http://www.health.utah.gov/autism>). Publishes a quarterly newsletter to share information about Autism spectrum disorders with families. Run by the State Health Department, URADD website and brochures provide information about ASD and links to local resources.

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**Family to Family Network** ([www.ftofninfo@utahparentcenter.org](http://www.ftofninfo@utahparentcenter.org) )

This network is a grassroots volunteer group composed of family members across the State of Utah who have a relative with a disability. Their mission is to educate, strengthen and support families of persons with disabilities. Local meetings are typically held monthly to serve as an information and referral source and to provide on-going support and education to families.. A MUST for any family with a child with special needs! Toll free 800-468-1160, 272-1051

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**Big Mak's (Moms of Autistic Kids)** 801 944 1729 MAK's is dedicated to giving and offering support to other mothers of children with Autism Spectrum Disorders. They have a support group and a play group that meet regularly.

**Time Sensitive 2009-Summer**

Kidstar Summer Camp for Children with Autism: July 20 - August 13: Ages 13 - 16  
 Kidstar Summer Day Camp is an activities based summer program designed to help those with high functioning autism, ages 8-16, learn social skills and build self esteem. Kidstar's unique approach allows those with autism to learn directly from their peers. Throughout the camp, each camper with autism will be paired with a "buddy" camper that will model proper behavior and provide an example of appropriate social interaction. This will enable each camper to make numerous friends and reach out to others with the safety of a "buddy."

The Kidstar Day Camp is held at the Neuropsychiatric Institute Monday - Thursday, 9 am - 4 pm. Contact Kidstar Director, Karina Rasmussen at (801) 587-3154 or [karina.rasmussen@hsc.utah.edu](mailto:karina.rasmussen@hsc.utah.edu) for further information or to register for the camp.

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