



“Preventing, Recognizing, and Treating Childhood Obesity”

A UPIQ Learning Collaborative

Friday, April 17 AND Friday, May 15, 2009

Salt Lake Community College @ the Miller Campus in Sandy

Karen Gail Miller Conference Center – Cottonwood, Rose, Wasatch, and Copper rooms

Agenda for Day 1: Friday, April 17, 2009

<u>TIME</u>	<u>TOPIC</u>	<u>FACULTY</u>
7:30 - 8:00	Registration / Breakfast	
8:00 - 8:10	Welcome	Chuck Norlin, MD
8:10 - 8:20	Goals / Team Introductions	Paul Young, MD
8:20 - 8:50	Primary Prevention of Obesity in Infants, Children & Adolescents	Paul Young, MD
8:50 - 9:20	Practical Nutritional Advice Physicians Can Offer Families	Julie Metos, MPH, RD
9:20 - 9:50	Every Visit--Assessing and Improving Physical Activity Levels	Elizabeth Joy, MD, MPH
9:50 - 10:00	Break	
10:00 - 10:45	Initial Identification & Management of Overweight Children	Mark Templeman, MD
10:45 - 11:15	Recognizing and Influencing Patient Change	Scott Whittle, MD
11:15 - 11:40	Quality Improvement: Changing Office Systems & Creating an Action Plan (Team Time)	Sandra DeBry, MBA
11:40 - 11:50	Team Reports & Discussion	Paul Young, MD
11:50 - 12:00	Assignments / Next Steps	Sandra DeBry, MBA
12:00	Adjourn – Boxed Lunch provided	

Objectives

As a result of the CME events on April 17th and May 15th, the attendee should be able to:

- Understand the importance of addressing childhood overweight and obesity in the primary care setting
- Learn effective strategies for preventing childhood overweight and obesity in infants and children
- Learn how to identify and follow children who are at increased risk for becoming obese
- Learn how to recognize, workup and treat children with established obesity
- Recognize the critical role that family involvement plays in childhood overweight and obesity
- Describe “The Model for Improvement” and how to practically apply it in practice
- Take home tools, methods and key change concepts that can be applied in the primary care setting