

**MENTAL HEALTH  
PROFESSIONALS**

**Also Bilingual**

**SALT LAKE AREA**

**Wasatch Canyons for Counseling  
Available Psychiatrist, insurance,  
sliding scales**

5770 S 1500 W

Murray, UT 84123

Phone: (801) 265-3109

**Cornerstone**

Adolescents/Adults

Substance Abuse

660 South 200 east, Suite 308

Salt Lake City, UT 84111

Phone: (801) 355-2846

**VMH Forensic Unit**

Adults - Court Ordered Only

DV, Sub Abuse, Anger Mgmt, Prime  
for Life

DUI

530 East 500 South, Suite 10

Salt Lake City, UT 84102

Phone: (801) 538-2057

**Assessment, Counseling &  
Educational Services**

Drugs, Alcohol, domestic violence,

Family, Couples, just counseling

3808 S West Temple, Suite 1A

Salt Lake City, UT 84115

Phone: (801) 265-8000

**Caring Connections - Health Science  
Ctr**

Children/Adults

Family, Grief Counseling

50 N. Medical Drive, 5<sup>th</sup> Floor

Salt Lake City, UT 84132

Phone: (801) 585-5109

Phone: (801) 581-8274

Email: [ann.hutton@nurs.utah.edu](mailto:ann.hutton@nurs.utah.edu)

**Associated behavior Consultants**

Adolescents/Adults

Gen'l /Families

Associated Behavior Consultants

2040 E Murray Holiday Road, Suite 211

Holladay, UT 84117

Phone: (801) 272-5083

**Women's Resource Center - University  
of Utah**

Support Group for community,

Counseling for people that work at the  
University

293 Olpin Union

Salt Lake City, UT 84102

Phone: (801) 581-8030

**Interwest Health Alliance**

Children/couples

Gen'l Practice/HIV/Sub Abuse/Sex  
Workers

Phone: (801) 205-7810

**Family Enriching**

Manuel de La Torre, LCSW  
Adolescents/Adults  
Family/Couples/Sex  
Offender/SAP/DV  
Hypnosis \$50 PER SESSION  
1579 West 600 South  
SLC, UT 84104  
Phone: (801) 973-0655  
Email: [familyenriching@juno.com](mailto:familyenriching@juno.com)  
Website: [www.1wp.com/go/manuel](http://www.1wp.com/go/manuel)

**Associated Behavior Consultants****Adolescents/Adults**

Gen'I / Families  
Associated Behavior Consultants  
2040 E Murray Holliday Road, Suite  
211  
Holladay, UT 84117  
Phone: 801-272-5083

**LDS Social Services**

Has three MHP (PsyD, LCSW, and  
CSW)  
Children & Adolescent & adults  
General Practice  
10 E South Temple # 1250  
SLC - UT 84111  
Phone: 801-240-6500  
Email: [fam-ut-saltlake@ldschurch.org](mailto:fam-ut-saltlake@ldschurch.org)

**Indian Walk center**

Adolescents/Adults  
120 W 1300 S  
SLC - UT  
Phone: 801-486-4877 Ext 20

**Dept of Educational Psych- U of U**

Christina Rodriguez, PHD  
Children/Adults  
Gen/ Family  
1705 E Campus Center Drive, Room 327  
SLC - UT 84112  
Phone: 801-581-5847  
Email: [Rodriguez@ed.utah.edu](mailto:Rodriguez@ed.utah.edu)

**Valley Mental Health [www.vmh.com](http://www.vmh.com)**

South Valley 7434 S State Street  
Phone: 566-4423 / 483-5444 (crisis  
line)  
Jose Mesa  
Insurance: Medicaid/ Medicare, some  
private, sliding scale

**\*\* Family Support Center**

777 W Center Street  
Midvale - UT  
801-255-6881

**University of Utah Counseling center**

Julio Espinoza PHD  
Adults  
Gen/ CSA/ Depression, Anxiety  
204 S 1460 E Rm 426  
SLC, UT 84112  
Phone: 801-581-6826  
Email: [jespinoza@sa.utah.edu](mailto:jespinoza@sa.utah.edu)

**Family Counseling, DV Groups**

Children/Adolescents/Adults  
Sandy Counseling Center  
8184 S Highland Dr. Suite C8  
Sandy, UT 84093  
Phone: 801-944-1666  
Email: [info@sandycounseling.com](mailto:info@sandycounseling.com)

**\*\*Comprehensive Psychological Services**

Mark Neuman, MD  
Psychiatry  
1208 E 3300 S  
SLC - UT 84106  
Phone: 801-483-1600 Ext 128  
Email: [compsych@zzlink.net](mailto:compsych@zzlink.net)

**UNI**

Sean Ponce Psychiatry  
501 Chipeta Way # 1123  
SLC - UT 84108  
Phone: 801-585-1575.

**\*\*Holy Cross Ministries**

Spanish Speaking Therapists  
830 E 4500 S Suite 204  
SLC - UT  
Phone: 801-261-3440 Ext 37

**\*\*Midtown Community Health Center**

2240 Adams Street  
Ogden, UT 84403  
Phone: 801-393-5355  
APRN Joan McGill  
APRN Teresa Ramos  
Diagnosis and medication for under \$ 50.

**\*\*Clinica Medica Familiar 2 locations**

650 S Redwood Rd (Only Tuesday)  
Phone: 886-0930  
4070 S 4000 W WVC - UT (every other week) 955-1644  
APRN: Debra Ellis  
\$ 50 first consultation.

**\*\*Child & Family Empowerment Services**

1578 W 1700 S Suite 200  
SLC - UT 84104  
Phone: 801-972-2711  
Email: [cfeservices4@aol.com](mailto:cfeservices4@aol.com)

**\*\*IHC Neighborhood Clinic**

855 W California Avenue  
SLC - UT 84104  
Jacqueline Lobsiger, FNP

**Spanish-speaking Mental Health Services**

**Terapia en Español para Salud Mental**

Eleanor M. Ulibarri, LCSW  
997 East 3900 South  
Salt Lake City, Utah 84124  
(801) 835-7737

Jose Mesa

997 East 3900 South  
SLC - UT 84124

**The Pregnancy Risk Line**

Provides valuable information to women who are pregnant, considering becoming pregnant, or breastfeeding, and to their health care providers. This free, private, and easy-to-use telephone information service answers questions about medicines, drugs, chemicals, and other environmental exposures that can potentially harm an embryo, fetus, or infant.

Salt Lake area: 328-2229

Throughout Utah 1-800-822-2229

Hours of operation: 8:30-4:30 M-F; Messages returned Sat & Sun

Access to interpreter services

Marsha Leen-Mitchell

Phone: 801-538-6035

email: [mmitchel@utah.gov](mailto:mmitchel@utah.gov)

## **NORTH**

### **Davis County Behavioral Health**

Children

Gen / Welfare issues

2250 N 1700 W

Layton, UT 84040

Phone: 801- 477-8887 Ext 501

## **Provo (South)**

### **Mountain lands Community Health**

Doctor Monroe White

215 W 100 N

Provo- Utah 84601

801-374-9660.

### **BYU**

Dean Barley, PHD

Adults, Couples

1190 N 900 E

Provo, UT 84602

801-422-7818

Email: dean\_barley@byu.edu

### **Child & Family Therapy**

814 E Bamberger Drive Suites B

American Fork, UT 84003

801-772-0202

### **Addiction & Psychological Services, Inc**

Adolescents/adults

Sex offender TX, Dv

224 N Orem Blvd

Orem- UT 84057

801-222-0603

### **Substance Abuse / Dependence**

Adolescents/Adults

Project Reality

100 E Center Street

Provo- UT 84604.

# Walk-in Clinic for people with no insurance

## **Neighborhood Clinic**

855 West California Avenue  
801-977-3937  
801-377-0502

## **Pamela Atkinson Family health in Lincoln School**

1090 South Roberta Street  
801-578-8376

## **4<sup>th</sup> St. Clinic (Homeless only)**

404 South 400 West  
801-364-0058

## **\*\*Maliheh**

3900 South 415 East  
801-266-3700

## **North Temple Clinic**

54 North 800 West  
801-359-0901

## **Rose Park Clinic**

1105 West 10<sup>th</sup> North  
801-364-2434

## **OTHER PLACES**

Valley Mental Health Adult north Unit has an UNFUNDED CLINIC for adults.

People with no insurance and are low income.

To apply people need to call and go through a screening process.

Call 539-7000 and ask for RRC (Recovery Resource Clinic). They can provide medication management, therapy, and groups.

1020 south main Street SLC - UT.

**The Disciples House name has change to the House of Refuge**, they are now a State licensed facility that provides residential support & recovery program for individuals with mental illness, who are in need of a place to stay while they are working towards recovery. Located at 370 S 300 E SLC - UT Eddie 801-596-3077 Contact Steve Sandlin at 801-363-5559

# Hispanic Resources

## Office of the Mayor

Mark Alvarez

Administrator of Minority Affairs

Phone: 801-535-7734

Email: [mark.alvarez@slcgov.com](mailto:mark.alvarez@slcgov.com)

## Salt Lake County Division of Youth Services

177 W 3610 S

801-269-7500

Free counseling for youth under 18 with behavioral and substance abuse issues, not

Psychiatric counseling. Call for appt. receiving center intake 269-7543.

## Consulado de Mexico

155 S 300 W Suite 300 4<sup>th</sup> floor  
SLC - UT 84101

Phone: 801-521-8502

Fax: 801-521-0534

Att: Gloria Tapia.

## Disability support center for Families

(Utah State University)

1574 West 1700 South Suite 1A  
SLC - UT 84104

Phone: 801-973-0129 / 0210.

Phone: 801-272-1051.

Julie Moreno (Service Navigator)

Email: [juliem@cpd2.usu.edu](mailto:juliem@cpd2.usu.edu)

## Salt Lake County Mental Health

Aurora Reyes

Phone: 801-468-2032

Email: [areyes@slco.org](mailto:areyes@slco.org)

## Parents Anonymous

Teresa Mora

Phone: 801-256-9008 Ext 60

Email: [teremora\\_g@hotmail.com](mailto:teremora_g@hotmail.com)

## \*\* Centro de la Familia

3780 South West Temple

SLC - UT 84115

801-521-4473

Email: [Susana@la-familia.org](mailto:Susana@la-familia.org)

## \*\* Rape Recovery Center

2035 S 1300 E

SLC - UT 84105

Phone: 801-296-6795

Karla Arroyo

Email: [k.arroyo@raperecoverycenter.org](mailto:k.arroyo@raperecoverycenter.org)

## \*\* Comunidades Unidas

695 West Center Street

Midvale, UT

Phone: 801-566-6190 / 91

Email: [mdvl\\_cbc@xmission.com](mailto:mdvl_cbc@xmission.com)

Mauricio Agramon / Sabrina Morales.

## Salt Lake School District

Carlos Sabuco

Phone: 801-578-8389

Email: [carlos.sabuco@slc.k12.ut.us](mailto:carlos.sabuco@slc.k12.ut.us)

Lane H Dial

Phone: 801-578-8346

Email: [laneh.dial@slc.k12.ut.us](mailto:laneh.dial@slc.k12.ut.us)

**\*\* Esperanza para la Familia Hispana**  
1737 South Redwood Road  
SLC - UT  
Phone: 474-3655 or 972-2018  
Email: [poderds@att.net](mailto:poderds@att.net)

**Department Child Family Services**  
2655 S 3800 W  
WVC, UTAH 84120  
Fernando Quintero  
Phone: 801-952-4123  
Email: [fquinter@utah.gov](mailto:fquinter@utah.gov)

**Head Start**  
**Salt Lake Community Action Program**  
1307 S 900 W  
SLC - UT 84104  
Phone: 801-977-1122 X422  
Email: [jgodfrey@slcap.org](mailto:jgodfrey@slcap.org)

**Salt Lake City**  
**Diversity Court Advocate**  
Law Department  
349 S 200 E Suite 500  
SLC - UT 84111  
Phone: 801-535-7707  
Email: [Hildegard.koenig@slcgov.com](mailto:Hildegard.koenig@slcgov.com)

**University of Utah**  
**Programa de padres jovenes**  
**The young Parenthood Program**  
Rocio Paredes  
Phone: 801-581-6589  
Email: [rocio.paredes@psych.utah.edu](mailto:rocio.paredes@psych.utah.edu)

**Young parenthood program**  
Jasmine Sanchez  
Phone: 386-0166  
Email: [jasminesanchez@gmail.com](mailto:jasminesanchez@gmail.com)

**Young parenthood program**  
Cary Neve  
Phone: 386-2342  
Email: [nevecary@gmail.com](mailto:nevecary@gmail.com)

**YWCA**  
322 E 300 S  
SLC - UT 84111  
Phone: 801-537-87616  
Hildegard Koenig  
Flor Delgado  
Emails: [Fdelgado@ywca.com](mailto:Fdelgado@ywca.com)

**Asian Association of Utah**  
1588 S Major Street  
SLC - Ut 84115  
Phone: 801-467-6060 x238

**Midvale Family Health Clinic**  
7852 S Pioneer Street  
Midvale, Utah 84047  
Phone: 801-561-2211  
Email: [fridelesun@yahoo.com](mailto:fridelesun@yahoo.com)

**State of Utah**  
**Reproductive Health Program**  
Joanne Mcgarry  
Phone: 801-538-6077  
Email: [jmcgarry@utah.gov](mailto:jmcgarry@utah.gov)

**DSAMH**  
Ben Reaves  
Phone: 538-3946  
Email: [breaves@utah.gov](mailto:breaves@utah.gov)

**Weber Human Services**

Jayne Kashiwaeda  
Phone: 801-778-3832  
Email: [jaynek@weberhs.org](mailto:jaynek@weberhs.org)

**Intermountain Primary Children's  
Medical Center**

Evy Smyth  
2000 S 900 E  
SLC - UT 84105  
Phone: 801-464-7686 Email:  
[evelyn.smyth@intermountainmail.org](mailto:evelyn.smyth@intermountainmail.org)

**\*\*Family Justice Center**

Critical services for family violence  
victims, located in one place, Legal  
Aid, SLC Police Department, SLC  
Prosecutors office, YWCA of SLC.  
YWCA Lolie Eccles Center  
Lower Level  
344 East 300 South  
SLC - UT 84111.  
801-236-3370.

**\*\*Utah Victim Clinic**

Heidi and Brandon (Lawyers)  
2035 South 1300 East  
SLC - UT 84105.  
801- 746-1204.  
Email: [Brandon@utahvictimsclinic.org](mailto:Brandon@utahvictimsclinic.org)

\*\* Those places won't check legal  
status. (Safe)